

# WATER IS LIFE FORCE :

## From Toxic Soup to Primordial Life

By Vicki Latham, P.A.-C.

**Headlines:** Harvard University study: BPA (Bisphenol A) levels increased by 1,000% after eating canned SOUP for 5 days!  
**It cannot be denied, our exposures to toxins are increasing.**

Our “body burden” of heavy metals and other chemicals are stored in fat, bone, tissues, and compete with normal activity on receptor sites...inhibiting and altering normal cellular functioning, leaving us at increased risk for disease. The CDC increased their estimated body burden of industrial toxins in the average American from **27** in 2001 to **212** in 2009!

An Environmental Working Group (EWG) study of the umbilical cord blood of newborns showed an average of 200 industrial chemicals. Every baby tested had heavy metals, flame retardants, and pesticides present AT BIRTH! If newborns are toxic, what is the chance the rest of us are pristine?

**And now, our most abundant, basic and essential substance for life is threatened: WATER!**

Studies performed by the EWG have confirmed that U.S. tap water in most cities is contaminated with hundreds of pollutants. Common toxins above regulated health standards and guidelines are: Tyhalomethanes (THM's), Haloacetic Acids (disinfecting byproducts known to potentially cause cancer and reproductive problems), Hexavalent Chromium 6 (linked to stomach cancer), Arsenic (cancer, birth defects, reproductive, and skin problems), Chloroform (a type of THM increasing cancer risk), Lead (causes delays in physical and mental development in children), and Nitrates (a common fertilizer known to cause “blue baby syndrome” in infants and can lead to cancer). Other contaminants detected in public water supplies include 97 agricultural pollutants such as pesticides, chemical fertilizers and manure-laden run-off; 204 industrial chemicals from factories; 86 contaminants linked to urban sprawl and/or polluted run-off; and 42 pollutants that are byproducts of water treatment processes.

For the last nine years, Matthew Bakos, founder of Adya, Inc., has dedicated his life's work to the study of water purification; working directly with Shimanishi Kaken Co., founded by Shimanishi Asao, who over 40 years ago developed an amazing natural mineral extraction technology to purify water. Matt is an ambassador and expert of this technology, proven to be the answer to many toxins in our fresh water supply. Not with an expensive filtering system, and not by accumulation of plastic bottles filled with water of questionable value, but with a natural liquid complex mineral salt additive that purifies your tap water—any water—and brings it back to a state in which all living things flourish.



In creating a name for his product, he envisioned pristine water, and discovered a Sanskrit word: **'Adya: Primordial, the original BEST state.'** Adya Clarity was clearly a perfect description of this product. Adya, Inc. is a technology based on “replenishing an essential mineral complex that is responsible for keeping our fresh waters clean and also maintaining balance in all living ecosystems.”

The product quickly became highly valued by those who used it, and direct online sales increased to over One Million Dollars per month. But then there was “Trouble in River City” and the flow of Adya Clarity was hindered, primarily because of three reasons: inadequate education about the function of the mineral content in the water; lack of quantifiable, documented research by the company; and false, but destructive publicity from detractors whose own mineral products were threatened by this new competing technology.

Dr. Brian Clement at Hippocrates asked Matt Bakos for his approval in testing this new water technology... after the testing, Dr. Clement in his own words states, “We wholeheartedly endorse Adya Clarity and consider it a superior liquid essential supplement. Hippocrates thanks Matt Bakos at Adya, Inc. for having the professionalism and courage to allow us to analyze and scrutinize this exceptional health builder.”

Matt and Dr. Clement recently talked about Adya Clarity:

**Matt Bakos:** You make the claim that the minerals in Adya Clarity help the body assimilate nutrients better. What is unique about how it accomplishes this benefit?\*

**Dr. Brian Clement:** The potent ionic electrical charge contained in these earth-harvested elements resonate at approximately the same 75 hertz the healthy cells do. This inherently creates an electromagnetic symbiosis whereas not only the nutrients contained in Adya Clarity, but others derived from plant-based foods and whole food plant-based supplements “piggy back” with these elements, raising the absorption rate.

**Dr. Brian Clement:** How does this mineral process work to precipitate chlorine, fluoride, and other unwanted chemicals from tap water?

**Matt Bakos:** In chemistry the difference between an inert mineral and a toxic mineral, is based on the amount of electrons the mineral contains...Mica itself has a natural ability called anionic and cationic exchange properties. This simply means that it has the ability to rob or donate electrons. Adya Clarity has inherited these characteristics, resulting in a very great discovery, Activated Oxygen (AO). To my understanding, this is the only technology in the world that can activate oxygen without a power source. This causes “Deposition,” separating soluble contaminants which become insoluble, visible, and inert from the water molecule clusters. AO is also pertinent for water sustainability. Unlike most chemicals used to kill harmful bacteria, AO induces a + charge, the only toxin-clear way to kill bacteria, like E.coli, in water. Chlorine can be used but will precipitate out in as little as 24 hours, and must be continually added. Chlorine is also toxic and creates carcinogens. AO will maintain a safe, toxin-free water for up to 8 months, in a hot tub for instance. This is an amazing breakthrough!

**Dr. Brian Clement:** We know fruits and vegetables are an excellent source of minerals. Why do we need to get our minerals from rocks?

**Matt Bakos:** Minerals are present in our fruits and vegetables only if they were initially brought to the soil from the water. In nature, water has always been the main delivery source of minerals for all living things. When the aquifers fill during the rainy seasons, mineral salts rise to the surface, replenishing the sulfates in the soils and at the roots of the plants. Sulfates come from volcanic processes that feed the ecosystem's salt complexes. This activity extracts these essential complexes from mica into the veins of the earth, to mineralize and purify water. We basically mimic this process, and it is the founding principle of our technology.

**Dr. Brian Clement:** You have been using the product personally for several years. What results have you experienced?

**Matt Bakos:** I will never forget nine years ago, when my wife was nursing our first child. My daughter would cry non-stop and my wife had extraordinary pains during lactation. The first day we tried this water we both noticed an amazing texture, energy, and taste much different than the typical carbon-filtered water we were used to. The very next day my wife said, “I do not feel any pain.” My daughter also stopped crying. I assumed this special water was having a major impact on the overall state of her breast milk. At that point, I knew that the discovery of the science and practical uses for this remarkable water would become my life's mission. We enjoy Adya water for drinking and all other water uses. I do not trust any water unless it has these minerals added to it. I share this passion for its benefits with everyone who will listen.

**Dr. Brian Clement:** Aluminum presents toxins into our body through common products like cookware and deoderants. Concern has been expressed about what happens to the Iron and the Aluminum in Adya Clarity. Could they be harmful?

**Matt Bakos:** The aluminum and iron in Adya Clarity are in a natural complex dissolved as salts. Adya Clarity is derived

## ...new hope for our planet's water

from Mica which is an aluminum silicate. Biotite Mica has a higher ferric iron content which acts as a magnet to attract many other trace elements that are not found in micas with less iron content. The aluminum in mica is essentially present because the cage-like molecular structure is built solely on aluminum and silicate, much like zeolites and clays. Fortunately, the aluminum and iron act as a binder and precipitate out of solution when they interact with toxins and contaminants. This allows these minerals to be excreted and not absorbed into our cells. EPA tests show that this occurs even in tap water. When properly filtered, the aluminum and iron are reduced well below EPA limits. Blood and hair analysis in humans reveal the reduction of aluminum. Even after consuming our product for extended periods of time, iron and aluminum has never tested in a dangerous range.

**Dr. Brian Clement:** One detractor has questioned how sulfuric acid could be good for us, even comparing it to battery acid. Is this not dangerous?

**Matt Bakos:** One of our goals is to provide education about how mineral salts are essential to all of life. Sulfuric Acid is a good example of how misinformation about these compounds can create concern. Volcanic veins emit salts in sulfate forms to springs, as well as the oceans. Healing springs are determined by their sulfate mineral content. When sulfate content is low, the springs lose their vitality. Battery acid is usually straight sulfuric acid at a +30% concentration which absolutely would not be safe to consume. Adya Clarity has a 0.5% sulfuric content with roughly 3% as salts in sulfate form.

**Matt Bakos:** Specifically what tests were performed by your Institute for those using this mineral supplement?

**Dr. Brian Clement:** We obtained an advanced heavy metal and chemical profile from a specialized laboratory. We also used standard blood tests.

**Matt Bakos:** Dr. Clement, do you plan on using Adya Clarity as part of your health regimen for clients at the Institute?

**Dr. Brian Clement:** When we find it appropriate for our guests who need to

release dangerous metals and chemicals, and strengthen their mineral reserve in a universal way, we will certainly utilize this liquid powerhouse.

**Dr. Brian Clement:** Matt, please tell our readers what the company is doing currently, regarding product availability. How do you plan to market it?

**Matt Bakos:** We are ramping up production and are currently in negotiation with a top networking company who shares with us congruent values regarding environmental toxins, purity, and integrity. We expect the product to be available to the general public sometime early in 2013. Adya Clarity is available for purchase right now through the Hippocrates Health Institute store. Those interested in marketing the product need to call **888-567-9990** for more information.

**Matt Bakos:** I want to personally thank you, Dr. Clement, for being open to take a risk on doing this research. We know your reputation is impeccable, and that by providing such a hearty endorsement we can trust that you have done your due diligence. We are grateful to you, that again we can begin to fulfill our vision to improve the quality and value of our water for our planet, for ourselves, and the health of generations to come. +

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**A complete transcript of this conversation between Dr. Brian Clement and Adya Clarity product designer, Matthew Bakos, can be found by visiting <http://waterlifeforce.com>. This interview will continue in the next issue.**

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Disclaimer: These statements have not been evaluated by the Food and Drug Administration. The product is not intended to diagnose, treat, cure or prevent any disease.